Creating Calm in Your Classroom

EDUO 9948 1 Semester Credit/Unit

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Public Syllabus

This course is one in a series titled, *Trauma Informed Practices.* The courses are not sequential. They can be taken in any order to meet your professional needs.

Note: This is a Public syllabus of the course. For a fully detailed syllabus, please email the instructor.

Course Overview:

A trauma-informed classroom is a learning space that supports emotional regulation and academic learning. Discover the four pillars of trauma-informed classroom set up. Apply a critical lens to previous classroom setup to transition your classroom into an environment that cue feelings of calm and provides a safe space for learning and engagement.

Course Relation to CCS or other Professional Standards

Proposition 1: Teachers are committed to students and their learning.
Proposition 2: Teachers know the subjects they teach and how to teach those subjects to students.
Proposition 3: Teachers are responsible for managing and monitoring student learning.
Proposition 4: Teachers think systematically about their practice and learn from experience.
Proposition 5: Teachers are members of learning communities.

Course Assignments/Modules

Assignment 1: Introduction

Write a one page document with previous learnings on the trauma informed practices topic and a response to this article: https://www.kqed.org/mindshift/52566/how-to-build-a-trauma-sensitive-classroom-where-all-learners-feel-safe Include questions, and concerns you have about making adjustments and refinements to your classroom. What are you nervous about? What are you curious to learn?

Assignment 2: Connection + Safety

Click through the document "Creating a Sense of Safety in a Trauma Informed Classroom". Then, write a brief reflection to answer at least two of the questions listed at the end of the document.

Assignment 3: Predictability

Read the document "Predictability in the Classroom" about how to make the classroom more predictable for all students. Then, discuss in a response paper which practices you'll most readily implement and why.

Assignment 5: Literal Setup
Listen to the podcast that gives information about literal classroom setup including the following categories: 1) physical layout, 2) color scheme and lighting, 3) cues for calm.
***scroll to 5 minutes, 54 seconds for the beginning of the relevant info for this course

Keep in mind these are suggestions that are not required, but encouraged, to include in a classroom space. You know your learners best so use a critical lens when synthesizing this information.

Then, do a "visual safari" of your classroom. Upload 3 photos of your space with 1 paragraph per picture describing what you'd like to change given your new understanding.
*if you are on summer break, describe the classroom areas you'd like to adjust or upload pictures from the previous school year

Assignment 6: Final Thoughts
Write 1-2 paragraphs about what you have learned and how you plan to implement these strategies in your own school or classroom.

Course Assessment Rubric

EXCELLENT Meets or Exceeds Course Objectives: A to A-	**ACCEPTABLE** Majority of Work Meets Course Objectives; B+ to B-	**NOT ACCEPTABLE** Needs Considerable Improvement: Resubmit Work Suggested: C or below
All work is very well organized.	Most work is generally well organized.	Work shows little or no organization.
Answers are well thought out and demonstrates reflection on the material.	Answers are complete and demonstrate some reflection on the material.	Answers are brief and do not demonstrate any reflection on the material.
Assignment use specific examples and provide a detailed description of how the assignment can be incorporated into a learning environment	Assignment use specific examples or somewhat describes how the assignment can be incorporated into a learning environment	Assignments do not use specific examples or describe classroom incorporation.
All assignments are completed and meet or exceed the page or paragraph requirement. Templates or assignment documents are fully filled out, with thorough elaboration and thoughtful detail put into each component.	The majority of the assignments are completed and meet the page or paragraph requirement. Templates or assignment documents are mostly filled out, indicating some thought put into each component	Assignments are not completed and do not meet the page or paragraph requirement Templates or assignment documents are not filled out.
Work is free of spelling and/or grammatical errors.	Work has few spelling and/or grammatical errors.	Work has numerous spelling and/or grammatical errors.

- You are allowed 9 months to complete the course
- For questions involving your registration please contact us at support@dominicanCAonline.com or call (800) 626-5080. To change your address, link to your Dominican Student Account at https://www.dominicancaonlinestore.com/store/index.php?main_page=login
- For Dominican Self-Guided course information, link to http://dominicancaonline.com/Dominican-CA-Online-FAQ