



COACHING STUDENT ATHLETES SERIES

Welcoming Diversity into Your Program

EDUO 9732 One Semester Unit

Instructor – Tony Battilega

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Course Description

Coaching in today's diverse society is far more complicated than coaching was fifty years ago. Successful coaches must take into account many factors including their own biases to mold a diverse group of athletes into a team. Coaches can no longer expect all their athletes to come from one set of life experiences and backgrounds. To be a successful coach they must take into consideration age, sex, size, culture, family makeup, and many other issues. Coaches/teachers will need to use deeper learning and understanding of today's student population to mold a successful team.

Required Text: Successful Coaching-4th Edition by Rainer Martens, Human Kinetics; 4 edition (February 17, 2012)

Instructions:

Read this Syllabus which includes Objectives, a Grading Rubric and all course assignments. You may want to print it.

Place ALL your completed assignments in one document. When you have completed all assignments, upload your single document to the DropBox for Completed Assignments.

Course Objectives

By the end of this course you will have had the opportunity to examine:

- The key characteristics of each stage of adolescence.
- How to best match student/athletes for safe practices in competitive and/or cooperative activities.

- How to be more culturally responsible as a teacher/coach.
- Title IX and how to promote gender equity.
- Sexual harassment and how to protect yourself from unfounded accusations and the legal ramifications which could occur.
- The common disability groupings for disabled sports and how to incorporate these student/athletes into existing programs.

Grading rubric

Grading Criteria	Exemplary A+, A, A-	Acceptable B+, B, B-	Unacceptable
Assignment Requirements	All assignments are complete, accurate and easy to follow	Most assignments are complete, accurate and easy to follow	Assignments are incomplete, inaccurate or irrelevant, and/or difficult to follow
Content Depth	All assignments are thoughtful, insightful, reflective and relevant	Most assignments are thoughtful, insightful, reflective, and relevant	Assignments are incomplete, not thoughtful or irrelevant
Organization, Style and Mechanics	All assignments are organized, clear and free of writing errors	Most assignments are organized, clear and free of writing errors	Assignments show little organization and/or have significant writing errors

Assignments

1. Characteristics of Adolescence

Read & study **pages 62-79** in the text

List the Key Characteristics of Adolescence (**pg 62-65**).

1a. Early (ages 11-14)

1b. Middle (15-17)

1c. Late (18-21)

2. Safe Practice

2a. How will you best match your student/athletes for safe practices in competitive and cooperative activities?

2b. Give several examples of how this could impact a class or sport you teach or coach.

3. Cultural/Racial Responsiveness

What can you do to be a more racially and culturally aware and responsive teacher/coach? Explain and use examples relating to your class or sport **(pg 68-70)**.

4. Title IX

4a. Give a brief explanation or definition of Title IX.

4B. How can you personally, promote gender equity in your school and or sport? **(pg 71-76)**

5. Sexual Harassment

5A. Define sexual harassment **(pg 74)**.

5B. According to the text, how can you protect yourself from accusations of sexual harassment **(pg 74-76)**

5C. How can you have your student/athletes feel safe from harassment because of their sexual orientation? Explain and use an example **(pg 72-73)**.

6. Disabilities

6A. What are considered the common disability groupings for disabled sports? **(pg 78)**

6B. Assume you had a student/athlete from one of the disability groupings on **page 78**. How could you best serve this disabled student/athlete if you were to include them in your class or sports program? Write a brief summary which includes a discussion of their disability.

7. Parent Conference

Your principal has just informed you that in three days you will attend a conference between you and the parents of an athlete who participates in a sport that you coach. The parents have told the principal that they are upset that you have allowed an athlete to participate who has a sexual orientation that is unacceptable to them and their church.

You have never detected any problem between the parent's child and the athlete in question or between both athletes and their teammates. The sexual orientation has been open and from all appearances seems to be accepted by all the student/athletes on the team.

7a. What will you do in three days to prepare for the conference?

7b. How will you conduct yourself at the conference?

7c. That types of decisions do you think you might make?

Instructions for coursework submission:

Place ALL your completed assignments in one document. When you have completed all assignments, upload your single document to the DropBox for Completed Assignments.

You are allowed 9 months to complete the course. If you have questions about the course, you can reach your instructor by email.

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For questions involving your registration or other non-course related questions, contact us at support@dominicanCAonline.com or see <http://dominicancaonline.com/faq.htm> for more information.

COACHING STUDENT ATHLETES SERIES 1 unit/credit each

<u>EDUO 9720</u>	Dealing with the Problem of Athletic Drug use
<u>EDUO 9721</u>	Developing a Code of Conduct Handbook
<u>EDUO 9722</u>	Developing Successful Life Skills through Athletics
<u>EDUO 9723</u>	Discovering your Coaching Style
<u>EDUO 9724</u>	Effective Communications
<u>EDUO 9725</u>	Good Teams and Character go Hand in Hand
<u>EDUO 9726</u>	Keeping it in Perspective - Make Every Kid Count
<u>EDUO 9727</u>	Managing your Athletic Program
<u>EDUO 9728</u>	Proper Nutrition & Athletic Performance
<u>EDUO 9729</u>	Team Bonding
<u>EDUO 9730</u>	The Legal Liabilities of Teaching/Coaching
<u>EDUO 9731</u>	Training to Acquire Specific Skills

EDUO 9732	Welcoming Diversity into Your Program
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ATHLETIC COACHING SERIES 3 units/credits each

EDUO 9703	Coaching is More than Xs and Os
EDUO 9704	Athletics-A Positive Path Through the Journey of Life
EDUO 9706	Creating a Healthy Lifestyle
EDUO 9707	Look Before you Leap
EDUO 9705	Let's Look at this Another Way
EDUO 9781	Athletic Concussions A Coach's Headache (*1 unit/credit course)