



## Let's Look at This Another Way

### EDUO 9705

**3 Semester Credits/Units**

**Instructor – Tony Battilega**

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There are many ways to achieve your goals. A coach should consider many alternatives before embarking upon a particular path.

#### **Resources needed:**

There are two required books as well as many website resources that are required reading.

#### **The two paperbacks:**

*The Essential Wooden: A Lifetime of Lessons on Leaders and Leadership* By John Wooden & Steve Jamison, McGraw-Hill 12/15/2006

*Shooting In The Dark: Tales of Coaching and Leadership* By Jim Thompson (author) Preface by Phil Jackson, Warde Publishers July 1, 1998

#### **Instructions:**

Read this Syllabus which includes Objectives, a Grading Rubric and all course assignments. You may want to print it.

Place ALL your completed assignments in one document. When you have completed all assignments, upload your single document to the DropBox for Completed Assignments.

#### **Objectives:**

1. Become exposed to different discipline theories and the effect that each has upon coaching
2. Understand how strong personalities can affect the culture of athletic programs
3. To be encouraged to examine the importance of learning by one's own mistakes

## Standards:

1. Drawing on and valuing students' backgrounds, interest and needs
2. Facilitating learning experiences that promote autonomy, interaction and choice
3. Establishing a climate that promotes fairness and respect
4. Promoting social development and group responsibility

## Grading Rubric:

Grading Criteria	Exemplary A+, A, A-	Acceptable B+, B, B-	Unacceptable
Assignment Requirements	All assignments are complete, accurate and easy to follow	Most assignments are complete, accurate and easy to follow	Assignments are incomplete, inaccurate or irrelevant, and/or difficult to follow
Content Depth	All assignments are thoughtful, insightful, reflective and relevant	Most assignments are thoughtful, insightful, reflective, and relevant	Assignments are incomplete, not thoughtful or irrelevant
Organization, Style and Mechanics	All assignments are organized, clear and free of writing errors	Most assignments are organized, clear and free of writing errors	Assignments show little organization and/or have significant writing errors

## Session One - Positive Discipline

Read This Web Resource

<https://youthsports.rutgers.edu/wp-content/uploads/20-Positive-Discipline-Techniques-1.pdf>

1. The article describes twenty (20) positive discipline techniques that you will refer to in responding to the four following questions:

- A. Which technique do you think is the most effective – explain
- B. Which technique do you think is the least effective -explain
- C. Which technique do you use more often -why?
- D. Which technique do you need to improve on – why?

Read This Web Resource

[http://www.pbs.org/parents/talkingwithkids/positive\\_discipline\\_tips.html](http://www.pbs.org/parents/talkingwithkids/positive_discipline_tips.html)

Good positive discipline techniques are useful whether they are used for parenting in the home, teaching in the classroom or on the athletic field. Choose three of the seven parenting techniques discussed in the resources and explain how they can be used in an athletic program.

2.           A.
- B.
- C.

Another way to look at it

Read This Web Resource

<https://www.alfiekohn.org/article/punished-rewards-article/>

3. What concepts of Alfie Kohn's do you agree with-why?
4. Which ones do you disagree with-why?
5. How is your program going to use rewards and praise as a positive motivator rather than a punishment?

Read This Web Resource

[https://ttfuture.org/files/2/members/int\\_hogan.pdf](https://ttfuture.org/files/2/members/int_hogan.pdf)

6. After reading the conversation with Alfie Kohn and the article by Chuck Hogan- discuss how your program can help reduce anxieties for the athlete to feel free instead of fearful.

7. Hogan is referring to athletes when he explains the Intelligence of play. In this assignment you are going to turn Hogan's article around and make it about coaches as you explain how you are going create champions and not excuses. Be creative and have fun with this assignment.

Summing Up

8. How are you going to organize your practices so that your necessary drills are fun, positive but not punishing?

## Session Two – Wooden and Lombardi

Read John Wooden's book *Essential Wooden*

9. You are a participant on a coach's debating team. The topic of the debate is: What Book has had the Most Influence on Coaching Style? You have drawn John Wooden's book *Essential Wooden*. What are you going to say in your opening statement?

How do the concepts of the "Pyramid of Success" compliment and/or clash with the following?

10. Positive discipline techniques

11. Kohn's concept of being "punished by rewards".

12. Hogan's "intelligence of play"

Read This Web Resource [Vince Lombardi | Home](#)

Click on and study [Quotes](#) and [What it takes to be Number One](#).

13. Does **your** concept of being #1 coincide with that of Vince Lombardi? Explain.

14. Compare and contrast the coaching styles and the legacies of John Wooden & Vince Lombardi.

15. Find or make up a quote or slogan to represent your impression of the coaching style of

A. Vince Lombardi

B. John Wooden

As a reporter for ESPN, you've been given the assignment to interview both Wooden and Lombardi. You have a limited amount of time and can only ask them three questions each. What three questions would you ask and why did you choose those?

16. Lombardi

A.

B.

C.

17. Wooden

A.

B.

C.

and contrast Vince Lombardi's coaching style with that of the following:

18A Positive discipline techniques

18B Kohn's "*punished by rewards*"

18C Hogan's the "*intelligence of play*"

### Session Three - Thompson

Read Jim Thompson's book ***Shooting in the Dark***

19. Analyze how Thompson became more successful because he learned from early mistakes.

20. Describe a specific situation that you know of, heard of, or experienced in which a coach's mistake created a positive learning experience for all involved.

21. What procedures could you put in place that would help you learn from your mistakes?

Indicate specific aspects of **Shooting in the Dark** that illustrate or conflict with the following:

22. Positive discipline techniques

23. Kohn's punished by rewards

24. Hogan's the Intelligence of play

### Final Assessment

25. You are a kid again. Of the following, who would you want to have as your high school coach-Why? Alfie Kohn, Vince Lombardi, John Wooden, Chuck Hogan, or Jim Thompson

26. What does this tell you about what kind of a coach you are or want to be?

27. You are the athletic director, and you are having a conference with a first-year coach. The coach is conscientious, hardworking, and popular with some of the athletes and parents, but others have complained that the coach is too rigid, and some have dropped out of the program. The young coach has just walked into your office and your first words are LET'S LOOK AT THIS ANOTHER WAY—what is the rest of your message?

### Instructions for coursework submission:

Place ALL your completed assignments in one document. When you have completed all assignments, upload your single document to the Course Completed Coursework Drop Box.

You are allowed 9 months to complete the course. If you have questions about the course, you can reach your Instructor by email.

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For questions involving your registration or other non-course related questions, contact us at [support@dominicanCAonline.com](mailto:support@dominicanCAonline.com) or see <http://dominicancaonline.com/faq.htm> for more information.

**This course is one of six Athletic Coaching courses developed by George Pickett for Dominican University of California.**

- **Coaching is More Than Xs and Os - EDUO 9703**
- **Athletics - A Positive Path Through the Journey of Life - EDUO 9704**
- **Let's Look At This Another Way - EDUO 9705**
- **Creating a Healthy Lifestyle - EDUO 9706**
- **Look Before you Leap - EDUO 9707**
- **Athletic Concussions – A Coach's Headache (1 unit course) EDUO 9781**