



A Positive Path Through the Journey of Life

EDUO 9704

3 Semester Credits/Units

Instructor – Tony Battilega

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Resources needed:

Reading assignments will be from website resources.

Instructions:

Read this Syllabus which includes Objectives, a Grading Rubric and all course assignments. You may want to print it.

Place ALL your completed assignments in one document. When you have completed all assignments, upload your single document to the DropBox for Completed Assignments.

Objectives:

1. Develop programs that will help athletes throughout their lives by emphasizing and enhancing the following:
 - Positive and constructive leadership skills
 - Behavior accountability
 - Proper sportsmanship and social skills
 - Ability to be an Upstander when encountering improper behavior
2. Create a positive persona as a coach who wields a very strong influence on young people.
3. Prepare to defend against negative attacks on the positive influence of athletics.

Standards:

1. Establishing a climate that promotes fairness and respect
2. Establishing and maintaining standards for student behavior
3. Using a variety of instructional strategies and resources to respond to students' diverse needs.

Grading Rubric

Grading Criteria	Exemplary A+, A, A-	Acceptable B+, B, B-	Unacceptable
Assignment Requirements	All assignments are complete, accurate and easy to follow	Most assignments are complete, accurate and easy to follow	Assignments are incomplete, inaccurate or irrelevant, and/or difficult to follow
Content Depth	All assignments are thoughtful, insightful, reflective and relevant	Most assignments are thoughtful, insightful, reflective, and relevant	Assignments are incomplete, not thoughtful or irrelevant
Organization, Style and Mechanics	All assignments are organized, clear and free of writing errors	Most assignments are organized, clear and free of writing errors	Assignments show little organization and/or have significant writing errors

Session One - Influence

Read these two Website Resources

[Survey Links Teen Sports, Healthy Behavior - ABC News](#)
[Team Sports - How They Help Teens | Building Personal Strength](#)

A letter in your local newspaper criticized the public schools for spending too much time, money, and effort on athletics. With the help of the two resources above and your own experience answer with a letter of your own.

1. Your letter

Read this Website Resource

<http://www.jstor.org/discover/10.2307/2112368?uid=3739824&uid=2&uid=4&uid=3739256&sid=2110266247737>

2. Do you think that the Coleman study cited in this resource is too out of date to be used as an example of athletics being a positive influence on teenagers? Explain.

Read this Website Resource

http://www.sportanddev.org/en/learnmore/sport_education_and_child_youth_development2/healthy_development_of_children_and_young_people_through_sport/

3. Comment on the positive or negative influences athletics have on a student athlete. Relate these influences to yourself, or a friend or a student athlete you know or heard of.

Read these three Website Resources

<https://www.ifilllife.com/the-influence-of-sports-on-teenagers-physical-health/>

<http://www.studymode.com/essays/Influence-Sports-Society-79831.html>

<https://leadonpurposeblog.com/2013/04/20/why-sports-builds-leadership/>

Your school district has been stung by the critical letter that appeared in the local newspaper concerning the athletic program in assignment 1. At the next school board meeting the subject is scheduled to be discussed. The coaches committee of your teachers' association has organized, and presenters have been assigned. Your assignment is to discuss how athletic programs influence teenagers in health and in social and leadership skills.

4. Your health presentation
5. Your social skills presentation
6. Your leadership skills presentation

Summing Up Session One – Influence - Sometimes Fantasy Becomes Reality

7. In your first year of retirement you have received a letter from a student athlete whom you coached in your first year of coaching. The letter relates what a positive influence you and your coaching philosophy has had on his/her life. Assignment #7 is that letter. Have fun with this assignment and be inspirational!

Session Two –Character

Read these two (2) Website Resources

[Team Sports Build Character | Academic | Teen Ink](#)

[Can sports teach your kids character? - Slate Magazine](#)

8. Compare and contrast the two articles on character & sports
Which of the articles did you relate to more? Why?

Read this Website

<https://www.psychologytoday.com/us/blog/ethics-everyone/201006/do-sports-really-build-character>

The article you have just read indicates that coaches and parents must direct the athlete towards good character for it to develop through sports.

Sports don't build character unless a coach intentionally teaches it

9. How is your program going to reflect the above statement?

Read this Website Resource

<http://www.coachwooden.com/pyramid-of-success>

Imagine your retirement dinner where during an opening address your director of athletics compares you to John Wooden. For this assignment, you will write what your director says about you. You must engage in

imagining yourself as someone who would be recognized as a powerful coach who has successfully inculcated good character and behavior into your student athletes. As you know (because of assignment #7), **present imaging can be the first step to future reality – this time it is coming from your colleagues!**

10. Create the content of your director's address!! (Do not be modest – lay it on thick).

Session Three – Anti-Bullying

Read and Study this Website Resource

<http://www.stopbullying.gov/what-is-bullying/roles-kids-play/index.html> Not in Our School is a non-profit organization whose goal is to bring tolerance and acceptance in our schools in such a way as to stamp out school bullying. Look over NIOS's website (the above resource) and tell what aspect of their mission is most appealing to you (does not have to relate to athletes).

11. How can your program promote the concept of the student-athlete as a supporter of anti-bullying?

Read this Website Resource

<http://www.binghamton.edu/inside/index.php/inside/story/student-athletes-teach-anti-bullying-in-grade-schools> Movies have traditionally stereotyped athletes as jocks who bully those who are different. Let's change this image. The athletes in the above resource are doing that. Remember assignment 10 in Session Two (Present imaging can be the first step in future reality) so let's dream by describing how a program of yours is changing the stereotype of a jock from a bullying jerk to a tolerant and caring competitor.

12. Describe your program (be bold, imaginary, and convincing)

Read this Website Resource

<http://radioafilmreview.blogspot.com/2007/02/scene-2.html>

In the movie, the coach punished the players for bullying Radio by having them run wind sprints. List three actions that you would have taken to discipline the players rather than punishing them.

13. a.
 b.
 c.

14. How does using discipline rather than punishment have a greater potential to create a positive path.

Read these two Website Resource

<http://radioafilmreview.blogspot.com/2007/03/issues-in-story-line-acceptance.html>

http://radioafilmreview.blogspot.com/2007/03/ethical-dilemmas_18.html

A movie was made of your stereotype changing program in Assignment 13 of this session.

5. Write a review of your mythical movie like the two resources above that would highlight the issues of tolerance, acceptance, and ethical dilemmas that the movie encompassed.

Final Assessment for this Course

Read this Website Resource

<http://chronicle.com/article/Do-Sports-Build-Character-or/130286/>

A language arts teacher with a PhD in world literature has challenged you regarding the negative influence of school athletics. Competition rather than cooperation leads to cheating, lying and aggressive war like behavior.

Referring to the above resource, what you have learned in this class and your own experience, give an answer that shows that you are not reluctant to play in the academic's arena. Your answer (be creative, smart and most important – have fun!)

Instructions for coursework submission:

Place ALL your completed assignments in one document. When you have completed all assignments, upload your single document to the DropBox for Completed Assignments.

You are allowed 9 months to complete the course. If you have questions about the course, you can reach your Instructor by email.

Tony Battilega: tbattilega@dominicancaonline.com

For questions involving your registration or other non-course related questions, contact us at support@dominicanCAonline.com or see <http://dominicancaonline.com/faq.htm> for more information.

This course is one of six Athletic Coaching courses developed by George Pickett for Dominican University of California.

- **[Coaching is More Than Xs and Os - EDUO 9703](#)**
- **[Athletics - A Positive Path Through the Journey of Life - EDUO 9704](#)**
- **[Let's Look At This Another Way - EDUO 9705](#)**
- **[Creating a Healthy Lifestyle - EDUO 9706](#)**
- **[Look Before you Leap - EDUO 9707](#)**
- **[Athletic Concussions – A Coach's Headache \(1 unit course\) EDUO 9781](#)**