



Reflective Reading EDUO 9000, 9002-10, 9041-43
Books Focusing on P.E., Coaching and Sports

- **24: Life Stories and Lessons from the Say Hey Kid** by Willie Mays
- **Bench Rules** by Kevin Christensen
- **The Body: A Guide for Occupants** by Bill Bryson
- **The Boys in the Boat: Nine Americans and Their Epic Quest for Gold at the 1936 Olympics** by Daniel James Brown
- **Coach Wooden and Me: Our 50-Year Friendship On and Off the Court** by Kareem Abdul-Jabbar
- **Conscious Coaching: The Art and Science of Building Buy-In** by Brett Bartholomew
- **Eleven Rings; The Soul of Success** by Phil Jackson
- **Every Moment Matters** by John O'Sullivan
- **Endure: Mind, Body, and the Curiously Elastic Limits of Human Performance** by Alex Hutchinson
- **The Essential Wooden** by Steve Jamison
- **Facing the Mountain** by Daniel James Brown
- **The Game of Shadows, Barry Bonds, BALCO and the Steroids Scandal that Rocked Professional Sports** by Mark Fainaru-Wada and Lance Williams
- **The Heritage: Black Athletes, A Divided America, And The Politics Of Patriotism** by Howard Bryant
- **I Never Had It Made, Jackie Robinson, An Autobiography** by Alfred Duckett
- **Inner Excellence** by Jim Murphy

- ***League of Denial: The NFL, Concussions and the Battle for Truth*** by Mark Fainaru http://www.amazon.com/s/ref=rdr_ext_aut?_encoding=UTF8&index=books&field-author=Mark%20Fainaru-Wada-Wada.
- ***Let Your Mind Run: A Memoir of Thinking My Way to Victory*** by Deena Kastor and Michelle Hamilton
- ***Open, An Autobiography*** by Andre Agassi
- ***Rest: Why You Get More Done When You Work Less*** by Alex Soojung-Kim Pang
- ***Sometimes You Win-Sometimes You Learn*** by John C. Maxwell
- ***Sting Like a Bee: Muhammad Ali vs. the United States of America, 1966-1971*** by Leigh Montville
- ***The Talent Code: Greatness Isn't Born. It's Grown. Here's How,*** by Daniel Coyle
- ***Tiger Woods*** by Jeff Benedict and Armen Keteyian
- ***We Will Rise: A True Story of Tragedy and Resurrection in the American Heartland*** by Steve Beaven.
- ***You Win in the Locker Room First*** by Jon Gordon and Mike Smith