Books Focusing on Inspiration, Self-Improvement, Social/Emotional Growth

7 Habits of Highly Effective People by Stephen Covey

Becoming by Michelle O’Bama

Being Mortal: Medicine and What Matters in the End by Atul Gawande

Between the World and Me by Ta-Nehisi Coates

Brain Rules; 12 Principles for Surviving and Thriving at Work, Home, and School by John Medina

The Case Against Sugar by Gary Taubes

David and Goliath by Malcolm Gladwell

The Deepest Well: Healing the Long-Term Effects of Childhood Adversity by Nadine Burke Harris

Drive: The Surprising Truth About What Motivates Us by Daniel H. Pink

Educated: A Memoir - Tara Westover

Endure: Mind, Body, and the Curiously Elastic Limits of Human Performance by Alex Hutchinson

Essential Wooden, The : A Lifetime of Lessons on Leaders and Leadership - John Wooden and Steve Jamison

The Glass Castle: A Memoir by Jeanette Wall

Grit: The Power of Passion and Perseverance by Angela Duckworth

The Happiness Project: Or, Why I Spent a Year Trying to Sing in the Morning, Clean My Closets, Fight Right, Read Aristotle by Gretchen Rubin

I am Malala by Malala Yousafzai, Christina Lamb

In Defense of Food by Michael Pollan
An Invisible Thread: The True Story of an 11-Year-Old Panhandler, a Busy Sales Executive, and an Unlikely Meeting with Destiny by Laura Schroff, Alex Tresniowski, Valerie Salembier

Let Your Mind Run: A Memoir of Thinking My Way to Victory by Deena Kastor and Michelle Hamilton

The Limitless Mind: Learn, Lead, and Live Without Barriers by Jo Boaler

Maybe You Should Talk to Someone by Lori Gottlieb

Mindfulness for Teachers by Patricia Jennings

Mindset by Carol S. Dweck

The Newcomers: Finding Refuge, Friendship, and Hope in America by Helen Thorpe

Onward: Cultivating Emotional Resilience in Educators by Elena Aguilar,

Outliers, The by Malcolm Gladwell

Quiet: The Power of Introverts in a World That Can't Stop Talking by Susan Cain

Smarter Faster Better: The Transformative Power of Real Productivity by Charles Duhigg

Stand Tall: Fighting for My Life, Inside and Outside the Ring by Dewey Bozella

Unbroken by Laura Hilldebrand

White Fragility: Why It’s so Hard For White People To Talk About Racism by Robin DiAngelo

Wild: From Lost to Found on the Pacific Crest Trail by Cheryl Strayed

The Wild Card: 7 Steps to an Educator's Creative Breakthrough by Wade King and Hope King