



Reflective Reading

Books Focusing on Special Needs (Intellectual, Emotional, Social, Physical)

- **ADHD 2.0 New Science and Essential Strategies for Thriving with Distraction** by Edward M. Hallowell and John J Ratey.
- **Autistic Brain, The; Thinking Across the Spectrum** – Dr. Temple Grandin; Houghtin Mifflin Harcourt, 2013.
- **The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students** - Jessica Minahan and Nancy Rappaport, MD.
- **Better Than Carrots or Sticks: Restorative Practices for Positive Classroom Management** by Dominique Smith , Douglas Fisher, Nancy Frey.
- **The Body: A Guide for Occupants** by Bill Bryson.
- **The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma** by Bessel van der Kolk.
- **The Brain Power Classroom: 10 Essentials for Focus, Mindfulness and Emotional Wellness** by Dave Beal
- **The Deepest Well: Healing the Long Term Effects of Childhood Adversity** by Madine Burke Harris, M.D.
- **Dreamland: The True Tale of America’s Opiate Epidemic** by Sam Quinones
- **The Dyslexic Advantage: Unlocking the Hidden Potential of the Dyslexic Brain** - Eide & Eide
- **Educated** by Tara Westover
- **Fostering Resilient Learners: Strategies for Creating a Trauma-Sensitive Classroom** by Kristin Souers & Pete Hall
- **Front of the Class, How Tourette Syndrome Made Me the Teacher I Never Had**– Brad Cohen and Lisa Wysocky, St. Martin’s Griffen; Revised, 2010.
- **The Glass Castle** by Jeannette Walls

- **Hidden Valley Road-Inside the Mind of an American Family** by Robert Kolker
- **The Imagine Project: Empowering Kids to Rise Above Drama, Trauma, and Stress** by Dianne Maroney
- **Literacy-Based Speech and Language Therapy Activities** by [Scott Prath](#) & [Phuong Palafox](#)
- **Living with Intensity** by Susan Daniels
- **Maybe You Should Talk to Someone** by Lori Gottlieb
- **Look Me in the Eye: My Life with Asperger's** - John Elder Robinson
- **Lost at School: Why Our Kids with Behavior Challenges are Falling through the Cracks and How We Can Help Them** by Ross Greene
- **Mindfulness for Teachers: Simple Skills for Peace & Productivity in the Classroom** by Patricia Jennings
- **Overcoming Dyslexia** by Sally Shaywitz and Jonathan Shaywitz
- **Reaching and Teaching Children Exposed to Trauma** by Barbra Sorrels
- **Reaching and Teaching Students in Poverty** by Susan Craig
- **The Reason I Jump: The Inner Voice of a Thirteen-Year-Old Boy with Autism** by Naoki Higashida and David Mitchell
- **Scattered** by Gabor Mate
- **Teaching Gifted Kids in Today's Classroom** by Susan Winebrenner and Dina Brulles
- **Understanding Girls with AD/HD** – Dr. Kathleen G. Nadeau, Dr. Ellen B. Littman, Dr. Patricia O. Quinn,
- **The Way I See It; A Personal Look at Autism and Asperger's**– Dr Temple Grandin
- **What Happened to You?** by Oprah Winfrey and Bruce Perry, MD, PhD
- **What Really Matters for Struggling Readers** - Richard Allington
- **Whole Brain Teaching for Challenging Kids: (and the rest of your class, too!)** - Chris Biffle