Reflective Reading

Books Focusing on Non-Classroom Specialists
Book Suggestions for Counselors, Speech Therapists, Art, PE, Music Instructors, Psychologists, etc. 11.25

- **ADHD 2.0: New Science and Essential Strategies for Thriving with Distraction-from Childhood through Adulthood** by Edward M. Hollowell & John J. Ratey
- **The Anxious Generation** by Jonathan Haidt
- **The Autistic Brain**; **Thinking Across the Spectrum** by Temple Grandin
- **The Best Minds** by Jonathan Rosen
- **Better Than Carrots or Sticks: Restorative Practices for Positive Classroom Management**, by Dominique Smith , Douglas Fisher, Nancy Frey
- **The Body: A Guide for Occupants** by Bill Bryson
- **The Brain Power Classroom: 10 Essentials for Focus, Mindfulness and Emotional Wellness** by Dave Beal
- **Brain Rules; 12 Principles for Surviving and Thriving at Work, Home, and School**by John Medina
- **Classroom Management for Art, Music, and PE Teachers** by Michael Linsin
- **Co-Intelligence: Living and Working with AI** by Ethan Mollick
- **Conscious Coaching: The Art and Science of Building Buy-I*n*** by Brett Bartholomew
- **Culturally Relevant Pedagogy: Asking a Different Question** by Gloria Ladson-Billings
- **Culturally Sustaining Pedagogies: Teaching and Learning for Justice in a Changing World** by Django Paris and H. Samy Alim
- **Dare to Lead** by Brene Brown

- **David and Goliath: Underdogs, Misfits and the Art of Battling Giants** by Malcolm Gladwell
- **The Deepest Well: Healing the Long-Term Effects of Childhood Adversity** by Nadine Burke Harris M.D.
- **Design for Belonging: How to Build Inclusion and Collaboration in Your Communities** by Susie Wise
- **The Disengaged Teen: Helping Kids Learn Better, Feel Better, and Live Better** by Jenny Anderson & Rebecca Winthrop
- **Dreamland: The True Tale of America's Opiate Epidemic** by Sam Quinones
- **The Dyslexic Advantage: Unlocking the Hidden Potential of the Dyslexic Brain** by Eide & Eide
- **Four Thousand Weeks: Time Management for Mortals** by Oliver Burkeman
- **Front of the Class**, **How Tourette Syndrome Made Me the Teacher I Never Had** by Brad Cohen
- **The Gift of Failure: How the Best Parents Learn to Let Go So Their Children Can Succeed** by Jessica Lahey
- **The Glass Castle: A Memoir**, by Jeanette Wall
- **Good Energy** by Casey Means, MD
- **The Growth Mindset Coach: A Teacher's Month-by-Month Handbook for Empowering Students to Achieve** by Annie Brock and Heather Hundley
- **The Happiness Project: Or, Why I Spent a Year Trying to Sing in the Morning, Clean My Closets, Fight Right, Read Aristotle** by Gretchen Rubin
- **Hidden Valley Road-Inside the Mind of an American Family** by Robert Kolker
- **How to Know a Person: The Art of Seeing Others Deeply and Being Deeply Seen** by David Brooks
- **How to Talk so Kids Can Learn** by Adele Faber and Elaine Mazlish
- **Identity Safe Spaces at Home and School: Partnering to Overcome Inequity** by Becki Cohn-Vargas **,** Debbie Zacarian
- **The Imagine Project Empowering Kids to Rise Above Drama, Trauma and Stress** by Dianne Maroney
- **The Let Them Theory: A Life-Changing Tool That Millions of People Can't Stop Talking About** by Mel Robbins

- **Literacy-Based Speech and Language Therapy Activities -,** by Scott Prath & Phuong Palafox
- **The Limitless Mind: Learn, Lead and Live Without Barriers** by Jo Boaler
- **Living with Intensity** by Susan Dani els
- **Lost and Found** by Ross W. Green
- **Lost at School: Why Our Kids with Behavioral Challenges are Falling Through the Cracks and How We Can Help Them** by Ross W Greene
- **Math-ish: Finding Creativity, Diversity,and Meaning in Math** by Jo Boaler
- **Maybe You Should Talk to Someone: life from both sides of the couch** by Lori Gottlieb
- **Melting Point: Family, Memory and the Search for a Promised Land** by Rachel Cockerell
- **The Message** by Ta-Nehisi Coates
- **Mindfulness for Teachers: Simple Skills for Peace and Productivity in the Classroom** by Patricia Jennings
- **Mindset: The New Psychology of Success** by Carol S. Dweck
- **Never Enough: When Achievement Culture Becomes Toxic-and What we Can Do About It** by Jennifer Breheny Wallace
- **Onward: Cultivating Emotional Resilience in Educators** by Elena Aguilar
- **Outliers: The Story of Success**, The by Malcolm Gladwell
- **Poor Students, Rich Teaching: Seven High-Impact Mindsets for Students From Poverty** by Eric Jensen
- **Practicing Presence: Simple Self-Care Strategies for Teachers** by Lisa J. Lucas
- **Quiet**: **The Power of Introverts in a World That Can't Stop Talkin**g by Susan Cain
- **Raising Resilience** by Tovah P. Klein
- **The Reason I Jump: The Inner Voice of a Thirteen-Year-Old Boy with Autism** by Naoki Higashida
- **Small Teaching: Everyday Lessons from the Science of Learning 2nd Edition** by James M. Lang
- **Solitary: A Biography** by Albert Woodfox

- **Stop Overthinking: 23 Techniques to Releive Stress, Stop Negative Spirals, DeClutter Your Mind, and Focus on the Present** by Nick Trenton

- **Teaching Gifted Kids in Today's Classroom: Strategies and Techniques Every Teacher Can Use** by Susan Winebrenner and Dina Brulles

- **Teaching Students to Use AI Ethically & Responsibly: Exploring AI With Intentionality, Curiosity, and Care 1st Edition** by Salman Khan et al

- **Teaching to Strengths** by Debbie Zakarian et al

- **Understanding Girls with AD/HD** by Kathleen Nadeau, Ellen Littman and Patricia Quinn

- **Visual Thinking: The Hidden Gifts of People Who Think in Pictures, Patterns, and Abstractions** by Temple Grandin, PhD,

- **We Got This: Equity, Access, and the Quest to Be Who Our Students Need Us to Be** by Cornelius Minor.

- **We Want to Do More Than Survive: Abolitionist Teaching and the Pursuit of Educational Freedom** by Bettina Love

- **What Happened to You? Conversations on Trauma, Resilience, and Healing** by Oprah Winfrey and Dr Bruce D. Perry, MD, Ph.D

- **White Fragility: Why It's So Hard for White People to Talk about Racism** by Robin DiAngelo

- **Why Are All the Black Kids Sitting Together in the Cafeteria?** by Beverly Tatum

- **Why We Sleep: Unlocking the Power of Sleep and Dreams** by Matthew Walker

- **The Wild Card: 7 Steps to an Educator's Creative Breakthrough,** Wade King and Hope King

- **Yo**u **Win in the Locker Room First** by Jon Gordon and Mike Smith

- **The World Becomes What We Teach: Educating a Generation of Solutionaries** by Zoe Weil

- **The Worlds I See: Curiosity, Exploration and Discovery at the Dawn of AI** by Fei-Fei Li

- **You're Going to Love This Kid!: Teaching Autistic Students in the Inclusive Classroom** by Paula Kluth