# Reflective Reading

## Books On Understanding and Confronting Bullying, Violence, Homophobia, Addictions And Other Difficult Behaviors 11.25

- **American Girls, Social Media & the Secret Lives of Teenagers** by Nancy Jo Sales
- **The Anxious Generation: How the Great Rewiring of Childhood Caused an Epidemic of Mental Illness** by Jonathan Haidt
- **The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students** by Jessica Minahan and Nancy Rappaport, MD.
- **The Deepest Well: Healing the Long Term Effects of Childhood Adversity** by Madine Burke Harris, M.D.
- **The Disengaged Teen: Helping Kids Learn Better, Feel Better, and Live Better** by Jenny Anderson and Rebecca Winthrop

  **Dreamland: The True Tale of America's Opiate Epidemic** by Sam Quinones
- **Educated: A Memoir** by Tara Westover
- **The Imagine Project** by Dianna Maroney
- **Lost and Found: Helping Behaviorally Challenging Students** by Ross W. Green
- **Lost at School** by Ross W Greene
- **Never Enough: When Achievement Culture Becomes Toxic-and What We Can Do About It** by Jennifer Breheny Wallace