

Teaching Life's Essentials – Growth Mindset

EDUO 9760 1 Semester Credit/Unit

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Note: This is a Public syllabus of the course. For a full detailed syllabus please email the instructor.

Introduction

Welcome to **EDUO 9760 – Teaching Life's Essentials – Growth Mindset**. This class was created as part of a seven course series entitled **Teaching Life's Essentials**. The other courses in the series are:

- **EDUO 9756 Happiness**
- **EDUO 9757 Compassion**
- **EDUO 9758 Curiosity**
- **EDUO 9759 Resilience**
- **EDUO 9761 Inspiration**
- **EDUO 9762 Tolerance**

Isn't it true that great teachers are born not made? We say "not at all". With the guidance of the courses in this series, you can take your teaching to a new level; one that brings the highest degree of satisfaction to yourself and your students. Great teachers are remembered not for the knowledge they impart but for the way they encourage and lift their students' achievement, not just in a subject, but in the important skills of living a fulfilling life. These skills of happiness, of inspiration, compassion, curiosity and resilience are essential for both the learner and the teacher. This course will bring research to inform along with techniques and activities to imbue your delivery of required curriculum with the essence of greatness-both yours and your students'.

Through website resources and course assignments the teacher will become aware of how a fixed mindset hinders the growth of many students and how a growth mindset can aid students in acquiring the skill of perseverance.

Course Objectives

In this course participants will have an opportunity to:

1. Read and study given website resources.
2. Understand how praise can be a step toward a fixed mindset.
3. Strive to develop a growth mindset classroom that will influence the student's learning habits.
4. Become aware of the influence of Carol Dweck upon educational thinking.
5. Communicate with other class participants about the importance of compassion.

Course Relation to Professional Standards

This course aligns to the National Board for Professional Teaching Standards

1. TEACHERS ARE RESPONSIBLE FOR MANAGING AND MONITORING STUDENT LEARNING.
 - a) Teachers Call on Multiple Methods to Meet Their Instructional Goals
 - b) Teachers Value Student Engagement
 - c) Teachers Engage Students in the Learning Process
2. TEACHERS ARE MEMBERS OF LEARNING COMMUNITIES
 - a) Teachers Use Feedback and Research to Improve Their Practice and Positively Impact Student Learning

This course aligns with National Student Standards

NL-Eng-K12.1 READING FOR PERSPECTIVE

- a) Students read a wide range of print and non-print texts to build an understanding of texts, themselves, and of the cultures of the US and the world...

NL-ENG-K12.2 UNDERSTANDING THE HUMAN EXPERIENCE

- a) Students read a wide range of literature from many periods in many genres to build an understanding of the many dimensions (e.g. philosophical, ethical, aesthetic) of the human experience.

Course Assignments:

Course assignments will consist of articles, videos, written responses to questions, activities and posting to the class forum. Examples of assignments for this class are:

- Assess your knowledge of a fixed mindset and a growth mindset.
- Describe a person (or group) whom you (as a student, teacher, parent or friend) observed as being negatively affected by holding a fixed mindset. How could the growth mindset concept have helped the person or group you described?
- Review two resources provided and then indicate how you would talk to the following students in your class - an outstanding athlete, a talented artist and an academic - in order to cultivate a growth mindset.
- Write a Forum post on your thoughts about the book Mindset. Comment about the influence that Dr. Dweck has had on education.

A list of all required assignments will be provided when you have registered for this class and downloaded the full syllabus.

Course Assessment Rubric

EXCELLENT Meets or Exceeds Course Objectives: A to A-	ACCEPTABLE Majority of Work Meets Course Objectives; B+ to B-	NOT ACCEPTABLE Needs Considerable Improvement: Resubmit Work Suggested: C or below
All work is very well organized.	Most work is generally well organized.	Work shows little or no organization.
Answers are well thought out and demonstrates reflection on the material.	Answers are complete and demonstrate some reflection on the material.	Answers are brief and do not demonstrate any reflection on the material.
Assignment use specific examples or references from multiple sources.	Assignment use specific examples or references from just a few sources.	Assignment do not use specific examples or references from the readings.
All assignment are completed using complete sentences.	The majority of the assignments are completed using complete sentences.	Assignments are not completed in complete sentences.
Work is free of spelling and/or grammatical errors.	Work has few spelling and/or grammatical errors.	Work has numerous spelling and/or grammatical errors.

- You are allowed 9 months to complete the course. Course questions? Contact your instructor by email.
 - For questions involving your registration or to change your address please contact us at support@dominicanCAonline.com or call (800) 626-5080.
- For Dominican Self-Guided course information go to <http://dominicancaonline.com/Dominican-CA-Online-FAQ>