



## **COACHING STUDENT ATHLETES SERIES**

### **Keeping it in Perspective...Every Kid Counts**

EDUO 9726 One Semester Unit

Instructors Dick Bach & Ernie Shaffer

#### **Course Description**

Coaches must continually strive to accept all of their student/athletes unconditionally. Here we will examine the question of how we accept our students/ athletes. Is it for how well they perform, their size, how coachable they are, how they do in academics, their sexual orientation or whatever other yardstick we may use? Coaches will be asked to contrast and compare performance versus effort. The class will help coaches develop a philosophy of how to accept each young person for who they are not what they can do.

**Required Text:** Successful Coaching-4th Edition by Rainer Martens, Human Kinetics; 4 edition (February 17, 2012)

#### **Course Objectives**

By the end of this course, the participants will have been introduced to the following teaching/coaching concepts:

- Unconditional teaching/coaching
- Discipline versus punishment
- Motivation versus manipulation
- Different styles of teaching and the use of rewards for acceptance
- Using different styles of discipline when working with young students
- Saying "Good Job" may not be in the best interest of the student/athlete
- Praise may actually reduce achievement
- Conditionally value children
- The debilitating effect of acceptance based on performance or achievement
- How to provide unconditional acceptance

Dominican University of California/EDS Coaching Student Athletes Series EDUO 9726 09.13

## Grading Rubric

<b>Exemplary: A+ to A-</b>	<b>Acceptable: B+ to B-</b>	<b>Unacceptable: Must be resubmitted</b>
All assignments are complete and accurate.	All assignments are complete and accurate.	Assignments are incomplete and/or contain inaccurate or inappropriate responses.
All assignments are reflective, thoughtful, clearly identifiable and relevant.	All assignments are complete, identifiable and relevant.	Assignments are not complete and/or relevant.
Overall appearance is very well organized and free of spelling and/or grammatical errors.	Overall appearance is generally organized with limited spelling and/or grammatical errors.	Overall appearance shows little organization and has spelling and/or grammatical errors. Difficult to read.

## Assignments

Read and study **pages (125-129) and (139-143)** in your text and the two following web resources

- “Unconditional Teaching”  
(<http://www.alfiekohn.org/teaching/uncondtchg.htm>)
- “Five Reasons To Stop Saying Good Job”  
(<http://www.alfiekohn.org/parenting/gj.htm>)

**Write a one page paper on each of the following:**

1. **Meaning** – In your own words, explain Kohn’s meaning of unconditional teaching and explain why it is imperative to value the person rather than the performance in teaching/coaching in a diverse society.

2. **Statement** – In your own words, explain the statement “If some children matter more because of performance, then all children are valued conditionally.”
3. **Compare and Contrast** – Compare and contrast Marten’s “Positive Discipline” and Kohn’s “Unconditional Teaching.”
4. **Contrast** – Contrast Rainer Marten’s and Alfie Kohn’s use of rewards.
5. **Agree and Disagree**– What aspects of the article, “Five Reasons to Stop Saying Good Job” do you:
  - A. agree with?
  - B. disagree with?

#### **Explain your answer**

6. **Challenges** – Respond to the following statement: A movement towards unconditional teaching/ coaching will help you with the challenges created by our diverse society.
7. **Program**- Outline your program of teaching/coaching in a diverse society that would value the student/athlete rather than the performance

#### **Instructions for coursework submission:**

When you have completed your assignments, post all coursework at one time in the Completed Coursework DropBox at the bottom of the course page. You are allowed 9 months to complete the course. If you have questions about the course, you can reach your graders by email or phone.

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- For questions involving your registration, contact Steve Horning (shorning@dominicancaonline.com) or Karianne Pulli (kpulli@dominicancaonline.com) or see <http://dominicancaonline.com/faq.htm> for more information.

### COACHING STUDENT ATHLETES SERIES

<u>EDUO 2720</u>	Dealing with the Problem of Athletic Drug use
<u>EDUO 9721</u>	Developing a Code of Conduct Handbook
<u>EDUO 9722</u>	Developing Successful Life Skills through Athletics
<u>EDUO 9723</u>	Discovering your Coaching Style
<u>EDUO 9724</u>	Effective Communications
<u>EDUO 9725</u>	Good Teams and Character go Hand in Hand
<u>EDUO 9726</u>	Keeping it in Perspective - Make Every Kid Count
<u>EDUO 9727</u>	Managing your Athletic Program
<u>EDUO 9728</u>	Proper Nutrition & Athletic Performance
<u>EDUO 9729</u>	Team Bonding
<u>EDUO 9730</u>	The Legal Liabilities of Teaching/Coaching
<u>EDUO 9731</u>	Training to Acquire Specific Skills
<u>EDUO 9732</u>	Welcoming Diversity into Your Program

### ATHLETIC COACHING SERIES

EDUO 9703	Coaching is More than Xs and Os
EDUO 9704	Athletics-A Positive Path Through the Journey of Life
EDUO 9706	Creating a Healthy Lifestyle
EDUO 9707	Look Before you Leap
EDUO 9705	Let's Look at this Another Way

### REFLECTIVE READING EDUO 9000 – BOOKS THAT MAY INTEREST COACHES

Baseball's Great Experiment (Jackie Robinson	Jules Rygiel
Best Year Ever	Bill Cecil
Eleven Rings: the Soul of Success	Phil Jackson
The Essential Wooden	Steve Jamison
Inside Out Coaching	Joe Ehrmann
How Sports Can Transform Lives	Gregory Jordan
Open	Andre Agassi

