



COACHING STUDENT ATHLETES SERIES

Good Teams and Character Go Hand in Hand

EDUO 9725 One Semester Unit

Instructor Dick Bach & Ernie Shaffer

Course Description

We have always known that outstanding teams have great character, but what is character? How do we develop character in our athletes? How important is character in great teams? This class will examine what character is and how to help athletes develop it. You will explore how effective oral communications, collaborative and interpersonal skills can help infuse a team with character that will make your community proud.

Required Text: *Successful Coaching*-4th Edition by Rainer Martens, Human Kinetics; (February 17, 2012)

Course Objectives

By the end of this course, you will have had the opportunity to:

- Examine and define character.
- Examine and define sportsmanship.
- Personalize and develop strategies to help build good character and sportsmanship in student/athletes.

Grading Rubric

Exemplary: A+ to A-	Acceptable: B+ to B-	Unacceptable: Must be resubmitted
All assignments are complete and accurate.	All assignments are complete and accurate.	Assignments are incomplete and/or contain inaccurate or inappropriate responses.
All assignments are reflective, thoughtful, clearly identifiable and relevant.	All assignments are complete, identifiable and relevant.	Assignments are not complete and/or irrelevant.
Overall appearance is very well organized and free of spelling and/or grammatical errors.	Overall appearance is generally organized with limited spelling and/or grammatical errors.	Overall appearance shows little organization and has spelling and/or grammatical errors. Difficult to read.

Assignments

1. Sportsmanship and Good Character

Read and study **pages 44-58** in the text

“Sportsmanship is simply good character when participating in competitive or cooperative activities.”

Respond to the above statement to show that you have read and understand the material covered on **pg.44-58**.

2. Rules

What rules would you institute in your program that would help your students develop good sportsmanship?

3. Outline

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Outline the three steps to teaching character and sportsmanship (pg. 49).

4. Specific Experience

After reviewing the character code, relate a specific experience you have had or one that you observed, that relates to teaching in a diverse society (pg.50).

5. Strategies

5a. List the six strategies you can use to help build character (pg.50).

5b. How will you incorporate each strategy and adapt it to your program?

5c. How will your student/athletes have opportunities to practice moral and ethical decisions? (explain)

6. Quotations

6a. List 10 quotations, which you think would motivate students, relating to character, sportsmanship or moral behavior.

6b. Describe an incident that happened in your life or that you observed, that is related to one of the above quotes.

7. Modeling the Behavior

What can you do to model good character and moral behavior (pg.54-55).

8. Helping Your Child

You have a very athletic young child who has shown signs of extremely poor sportsmanship.

The behavior is starting to cause problems among friends and siblings. How are you going to help to redirect the behavior and still nurture the natural athletic ability?

Instructions for coursework submission: When you have completed your assignments, post all coursework at one time in the Completed Coursework DropBox at the bottom of the course page. You are allowed 9 months to complete the course. If you have questions about the course, you can reach your graders by email or phone.

Dick Bach dbach@dominicancaonline.com; 916-962-3329

Ernie Shaffer eshaffer@dominicancaonline.com; 916-387-1311

- For questions involving your registration, contact Steve Horning (shorning@dominicancaonline.com) or Karianne Pulli (kpulli@dominicancaonline.com) or see <http://dominicancaonline.com/faq.htm> for more information.

COACHING STUDENT ATHLETES SERIES

<u>EDUO 2720</u>	Dealing with the Problem of Athletic Drug use
<u>EDUO 9721</u>	Developing a Code of Conduct Handbook
<u>EDUO 9722</u>	Developing Successful Life Skills through Athletics
<u>EDUO 9723</u>	Discovering your Coaching Style
<u>EDUO 9724</u>	Effective Communications
<u>EDUO 9725</u>	Good Teams and Character go Hand in Hand
<u>EDUO 9726</u>	Keeping it in Perspective - Make Every Kid Count
<u>EDUO 9727</u>	Managing your Athletic Program
<u>EDUO 9728</u>	Proper Nutrition & Athletic Performance
<u>EDUO 9729</u>	Team Bonding
<u>EDUO 9730</u>	The Legal Liabilities of Teaching/Coaching
<u>EDUO 9731</u>	Training to Acquire Specific Skills
<u>EDUO 9732</u>	Welcoming Diversity into Your Program

ATHLETIC COACHING SERIES

EDUO 9703	Coaching is More than Xs and Os
EDUO 9704	Athletics-A Positive Path Through the Journey of Life
EDUO 9706	Creating a Healthy Lifestyle
EDUO 9707	Look Before you Leap
EDUO 9705	Let's Look at this Another Way

REFLECTIVE READING EDUO 9000 – BOOKS THAT MAY INTEREST COACHES

Baseball's Great Experiment (Jackie Robinson	Jules Rygiel
Best Year Ever	Bill Cecil
Eleven Rings: the Soul of Success	Phil Jackson
The Essential Wooden	Steve Jamison
Inside Out Coaching	Joe Ehrmann
How Sports Can Transform Lives	Gregory Jordan
Open	Andre Agassi