



Let's Look at This Another Way

EDUO 9705

3 Semester Credits/Units

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There are many ways to achieve your goals. A coach should consider many alternatives before embarking upon a particular method.

Resources needed:

There are two required paperback books as well as many given website resources that are required reading.

The two paperbacks:

The Essential Wooden: A Lifetime of Lessons On Leaders and Leadership By John Wooden & Steve Jamison, McGraw-Hill 12/15/2006

Shooting In The Dark: Tales of Coaching and Leadership By Jim Thompson (author) & Phil Jackson (Foreward), Ward Publishers July 1, 1998

Open and read the Syllabus which includes Objectives and a Grading Rubric. You may want to print it. You may also simply scroll down the page to view all course assignments. For each Session 1, 2 and 3 and the Final Assignment read and complete assignments. You will type your responses offline in your own Word document.

When you have completed your assignments, post all coursework at one time in the Completed Coursework DropBox at the bottom of the course.

Objectives:

1. Become exposed to different discipline theories and the effect that each has upon coaching
2. Understand how strong personalities can affect the culture of athletic programs
3. To be encouraged to examine the importance of learning by one's own mistakes

Standards:

1. Drawing on and valuing students backgrounds, interest and needs
2. Facilitating learning experiences that promote autonomy, interaction and choice
3. Establish a climate that promotes fairness and respect
4. Promoting social development and group responsibility

Grading Rubric:

Exemplary A+-A-	Acceptable B+- B-	Unacceptable
All assignments are complete and accurate.	All assignments are complete and accurate.	Assignments are incomplete and/or contain inaccurate or inappropriate responses.
All application assignments are reflective, thoughtful, clearly identifiable and relevant.	All application assignments are complete, identifiable and relevant.	Application assignments are incomplete and/or irrelevant.
Overall appearance is very well organized and free of spelling and grammatical errors	Overall appearance is generally organized with limited spelling and grammatical errors.	Overall appearance shows little organization and has spelling and grammatical errors.

Session One - Positive Discipline

Read This Website Resource

<http://wwcsd.net/assets/pdfs/athletics/discipline.pdf>

1. The article states that an athlete who has been coached successfully with positive discipline techniques has a different perception of the meaning of discipline than a young child who is not yet an athlete. In your own words explain that difference.

Read This Website Resource

http://www.pbs.org/parents/talkingwithkids/positive_discipline_tips.html

Good positive discipline techniques are useful techniques whether they are used for parenting in the home, teaching in the classroom or on the athletic field. Choose three of the seven parenting techniques discussed in the resources and explain how they can be used in an athletic program.

2. a.

b.

c.

Another way to look at it

Read This Website Resource

[*Punished by Rewards? A Conversation with AK*](#)

3. What concepts of Alfie Kohn's do you agree with-why?

4. Which ones do you disagree with-why?

5. How is your program going to use rewards and praise as a positive motivator rather than a punishment?

Read This Website Resource

[int_hogan.pdf \(application/pdf Object\)](#)

6. After reading the conversation with Alfie Kohn and the article by Chuck Hogan- discuss how your program can help reduce anxieties in order for the athlete to feel free instead of fearful.

7. Hogan is referring to athletes when he explains the Intelligence of play. In this assignment you are going to turn Hogan's article around and make it about coaches as you explain how you are going create champions and not excuses. Be creative and have fun with this assignment.

Summing Up

8. How are you going to organize your practices so that your necessary drills are fun, positive but not punishing?

Session Two – Wooden and Lombardi

Read John Wooden’s book *Essential Wooden*

1. You are a participant on a coach’s debating team. The topic of the debate is: What Book has had the Most Influence on Coaching Style?. You have drawn John Wooden’s book *Essential Wooden*. What are you going to say in your opening statement?

How do the concepts of the “Pyramid of Success” compliment and/or clash with the following?

2. Positive discipline techniques

3.

Kohn’s concept of being “punished by rewards”.

4. Hogan’s “intelligence of play”

Read This Website Resource

[Vince Lombardi | Home](#)

Click on and study [Quotes](#) and [What it takes to be Number One](#).

5. Does **your** concept of being #1 coincide with that of Vince Lombardi? Explain.

6. Compare and contrast the coaching styles and the legacies of John Wooden & Vince Lombardi.

7. Find or make up a quote or slogan to represent your impression of the coaching style of

a. Vince Lombardi

b. John Wooden

As a reporter for ESPN you’ve been given the assignment to interview both Wooden and Lombardi. You have a limited amount of time and can only ask them three questions each. What three questions would you ask and why did you choose those?

8. Lombardi

a.

b.

c.

9. Wooden

a.

- b.
- c.

Compare and contrast Vince Lombardi’s coaching style with that of the following:

2.8a Positive discipline techniques

2.8b Kohn’s “*punished by rewards*”

2.8c Hogan’s the “*intelligence of play*”

Session Three - Thompson

Read Jim Thompson’s book *Shooting in the Dark*

1. Analyze how Thompson became more successful because he learned from early mistakes.
2. Describe a specific situation that you know of, heard of or experienced in which a coach’s mistake created a positive learning experience for all involved.
3. What procedures could you put in place that would help you learn from your mistakes?

Indicate specific aspects of shooting in the Dark that illustrate or conflict with the following:

- a. Positive discipline techniques
- b. Kohn’s punished by rewards
- c. Hogan’s the Intelligence of play

Final Assessment

1. You are a kid again. Of the following, who would you want to have as your high school coach-Why? Alfie Kohn, Vince Lombardi, John Wooden, Chuck Hogan, or Jim Thompson
2. What does this tell you about what kind of a coach you are or want to be?
3. You are the athletic director and you are having a conference with a first year coach. The coach is conscientious, hardworking and popular with some of the athletes and parents, but others have complained that the coach is too rigid and some have dropped out of the program. The young coach has just walked into your office and your first words are LETS LOOK AT THIS ANOTHER WAY—what is the rest of your message?

Instructions for coursework submission:

When you have completed your assignments, post all coursework at one time in the Completed Coursework DropBox at the top of the course page. You are allowed 9 months to complete the course. If you have questions about the course, you can reach your graders by email or phone.

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For questions involving your registration, contact us at info@dominicanCAonline.com or see <http://dominicancaonline.com/Dominican-CA-Online-FAQ> for more information.

This course is one of five Athletic Coaching courses developed by George Pickett for Dominican University of California.

- **Coaching is More Than Xs and Os - EDUO 9703**
- **Athletics - A Positive Path Through the Journey of Life - EDUO 9704**
- **Let's Look At This Another Way - EDUO 9705**
- **Creating a Healthy Lifestyle - EDUO 9706**
- **Look Before you Leap - EDUO 9707**